



SOROPTIMIST NEWS

Soroptimist International of Port Townsend/East Jefferson County

P.O. Box 624, Port Townsend, WA 98368

Web site: soroptimistpt.org

April 2009

PRESIDENT: JOY MC FADDEN
EDITOR: ELLA SANDVIG

Schedule for April

4-2: Dr. Molly Force, Prosper
Natural Health

4-9: Karen Hankins Life History!

4-16: Business Meeting

4-23: Dinner Meeting – Anne
Burkart's Home

4-23/4-26: REGION CONF.
Missoula, Mont.

Board Meeting - TBA

April Birthdays

4-16: Bickie Steffan



Hostesses for April

Anne Burkart
Sandy Hershelman
Cheryl Bozarth

Hostesses for May

Diane Kenyon
Karin Morgan

EDITOR'S COLUMN

I'm taking the liberty of doing this column for President Joy, who has had another death in the family and is out of town. The last few months have been full of turmoil for her and we wish her some peace and serenity in the coming months.

I'm sure Joy would wish to thank those of you who worked in the Gateway Park on the 21st of March. I believe it was Sherry, Judi and Milt, Alice, Karin, Karen and Joy of course. If I forgot someone forgive me!

We continue to pick up the pieces after some disruptions in our routine and I believe we are doing well.

We have a new caterer at Discovery View and Kathy will be taking good care of us. She does need us to consolidate some of our belongings into our large cabinet to free up some space they need for other things. We had a good start by donating the old sound system to OlyCap. That leaves more space for us. Also we need some of the stationary to go home with members who need it. We seem to have a hundred years worth of envelopes and stationary. We will soon have the cabinet organized so it is easier to find things.

Let's hope these April showers bring May flowers!

Ella



HELPING WOMEN

Juelie Dalzell told us about a young woman going through the court system who has gone through “hell.” This young woman signed up at Peninsula College but didn’t have the \$800 tuition. Juelie donated \$200 toward this and requested that we come up with the rest. The board voted to donate the remaining \$600. It will come from unused funds in other categories.

The young woman’s name is Pascaline Roth and she has volunteered to come and speak at one of our meetings.



HEARING WOMEN

We heard Dr. Molly Force speak about Osteoporosis

Prevention and Quick and Easy Kitchen Medicine at our April 2nd meeting. It was an excellent presentation and we learned a lot about vitamins, minerals and natural remedies.



ADMIRING WOMEN

Sherry Perry submitted the following success story.

At 23 Renae Goettel has already overcome more obstacles than most people encounter in a lifetime, but she isn’t letting “a little thing like blindness” stand in the way of her dreams.

“If I had to live my life over, I wouldn’t change a thing,” she said. “As difficult and frustrating as blindness can be sometimes, it’s kind of how I got where I am. Without the challenges, I don’t think my attitude about life would be the same. I really like my life now and I like who I am.” She also likes her new partner, Ultima, a mellow little (just 52 pounds) black Lab Guide Dog.

Born with a brain tumor and retinitis pigmentosa, Renae was mainstreamed in public schools in the Seattle area. At 10 she was diagnosed with a rare disease, senior lokens, that affects the kidneys. After suffering kidney failure she was put on dialysis but continued in public schools until eighth grade, when she transferred to the Washington State School for the Blind in Vancouver.

“My parents were initially against my going to the School for the Blind because of my health concerns, but I knew there were things they just couldn’t teach me, such as Braille and mobility.” She received dialysis treatments in the evenings until she was able to have a kidney transplanted from her mother.

In the summer between her junior and senior years, Renae decided to go to Guide Dogs for the Blind’s Oregon campus. She was paired with Lucy, a lively yellow Lab that was her partner for the next six years.

Renae graduated from Trinity University in San Antonio, Texas, with a degree in com-

munications and sociology. "I was the first blind person to graduate at the school. It was great. My family was there and Lucy walked across the stage with me."

Today, Renae works in the Public Relations Department for the San Antonio Spurs basketball team. She enjoys life with Ultima. "She gives me safety and a lot of independence. And, she's a great ice breaker. People are much more likely to talk to someone with a dog. I love having her around."

It was the first glimpse of Ella's new kitchen for most, a kitchen designed by Ruth Beers especially for Ella.

If you were not at this meeting, please feel free to drop by Ella's anytime (with a phone call first of course).



CHARTER DATE MAY 2ND

Happy Anniversary to us!
We will be 62 in May. Our next big anniversary celebration will be our 75th, which we are setting aside funds for.

THANKS KRISTEN

Kristen Anderson was in town this week and attended our meeting, with her fiancé, Phil. She will be back in July for a wedding reception here and will speak at one of our July meetings. We will be inviting women in the community to attend. We need to let the caterer know the number of guests, a week and a half in advance.

SISTER CLUB IN SCOTLAND

An email from Marianne Baird of our sister club – St. Andrew's in Scotland was forwarded to all members. It sounds like they are experiencing many of the same problems that we are.



WOMEN AND CLOTHES

Working Image/OlyCAP presents "A TOAST TO TEN"

on April 15.

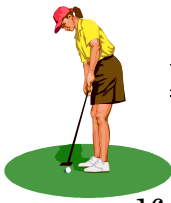
This is a Fashion Show Dinner and Teddy Bear Auction.

The Soroptimist table is already filled, but Bonnie White informed us that there are a few seats left. Call OlyCAP for more information.

Soroptimist is a major sponsor for this event

WOMEN AND FUN

The March evening meeting was at Ella's home where several of us enjoyed Waterfront Pizza, Salad and Alyce's Blackberry and Blueberry Pies.



MARK YOUR CALENDAR

August 29th will be our 11th golf tournament fund raiser.

Judi, Judy and Joy (the three J's) will be managing the tournament. However. it will take all of us to make this a success. Mark your calendar and plan to help!!!

LOL!

WORD PLAY

Giraffiti: Vandalism spray painted, very, very high.

Sarchasm: The gulf between the author of sarcastic wit and the person who doesn't get it.

Inoculatte: To take coffee intravenously when you are running late.

Osteopornosis: A degenerate disease.

Karmageddon: It's like, when everybody is sending off all those really bad vibes, right? And then, like, the Earth explodes and it's , like, a serious bummer. (You know people really do talk like this!)

Decafalon (n): The grueling event of getting through the day consuming only things that are good for you.

Glibido: All talk and no action.

Dopeler Effect: The tendency of stupid ideas to seem smarter when they come at you rapidly.

Arachnoleptic Fit (n): The frantic dance performed just after you have accidentally walked through a spider web.

Beelzebug (n): Satan in the form of a mosquito that gets into your bedroom at three in the morning and cannot be cast out.

Caterpallor (n): The color you turn after finding half a worm in the fruit you're eating.

CREATIVE PUNS

Don't join dangerous cults: Practice safe sects!

When cannibals ate a missionary, they got a taste of religion.

Did you hear about the insomniac dyslexic atheist? He was up all night wondering if there was a dog.

The man who survived mustard gas and pepper spray is now a seasoned veteran.

The short fortune-teller who escaped from prison was a small medium at large.

A backward poet writes inverse.

A sign on the lawn at a drug rehab center said "Keep off the Grass."