



# SOROPTIMIST NEWS

Soroptimist International of Port Townsend/East Jefferson County

P.O. Box 624, Port Townsend, WA 98368

Web site: [soroptimistpt.org](http://soroptimistpt.org)

December 2008

PRESIDENT: JOY MC FADDEN  
EDITOR: ELLA SANDVIG

## Schedule for December

- 12-4: Regular Meeting  
Lunch provided
- 12-4: Christmas Party  
6 p.m. -AJAX
- 12-11: Board Meeting  
Everyone welcome  
Lunch provided
- 12-18: NO MEETING
- 12-25: CHRISTMAS

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## December Birthdays

- 12-13: Sherry Perry
- 12-31: Marilyn Staples

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## Hostesses for December

- Karen Bednarski
- Sherry Perry

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## Hostesses for January

- Ruth Gordon
- Carol Wise



## PRESIDENT'S REPORT

I hope you all had a great Thanksgiving and are looking forward to a Merry Christmas and the holiday season.

As the seasons change so do our lives. A very wise man, whose name I do not remember, once wrote "Change is the only thing in life that is truly consistent." How true this is – life is constantly changing. The one thing that I have great hope will not change is our lives linking together as Soroptimists, promoting the advancement of human rights and the status of women and girls.

Each one of us, being an interactive link in our club's chain, will need to be extra strong at this point as we make changes we did not anticipate. As many of you know, Kay Pownall has stepped down as our President. I say, for myself, and I am sure for many of you, that we are sorry Kay felt it necessary to resign. We each have choices to make, and this is Kay's choice, which we must respect no matter how we feel about it

As President-Elect I have now accepted the honor of being your President for the remainder of Kay's term, as well as the term beginning July 2009.

As the facilitator of our meetings, I will be listening to each of you who link us together and make our goals realities. Thank you for accepting this change and believing I am ready for this job. As a club our links can make a very strong chain of fun, friendships and philanthropy (well the ph does sound like an f!). Let's make it happen!

Joy

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## STAMP OUT HOME COOKING

Anne Burkart reports that the coupon books are going like Hotcakes! (no pun intended)

We printed 396 books this year, down from 450 last year. We only have 30 left to distribute to Soroptimists who have not yet picked up books to

sell or to merchants who sell them for us. If we succeed in selling all the books we should net about \$3,650 to help fund our projects and pro-

grams. We cut back the number of books printed because we have fewer members to sell them, and we had about 60 unsold books last year.

We hope you are all using your own coupons, and are urging your buyers to take advantage of the coupons by frequenting our local restaurants and other services who are hurting in this slow economy.

If you need books to sell or know of a merchant who will sell them for us, please give Fran O'Brien a call at 385-0308 to make arrangements to get them.

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### **NEWS FROM ST. ANDREWS**

Alyce Hansen recently received news from our sister club in Scotland.

Marianne Baird is our liaison with the St. Andrews club and she writes...

“Thank you for sending me your club year book. I enclose ours, which is much smaller and somewhat less informative...the difficulty nowadays is enrolling new members – all our Federation clubs are having the same problems- the other one being the reluctance of many members to take office which means many past Presidents are having to take the role again.

We all thoroughly enjoy your club’s monthly newsletters (we tend to get one out twice a year if we are lucky) and are full of admiration for all of your activities.

Last year the majority of the funds we raised went to Project Sierra, the current Quadrenial Project with the remainder going to three local charities.”

Enclosed with the letter from St. Andrew’s was a pamphlet “30 Ways to Cut Your Carbon Footprint (and your bills) put out by SI of Tunbridge Wells & District.

Some of those ways are as follows:

- Turn off lights whenever you leave the room.
- Switch to energy saving light bulbs.
- Fill the kettle with just enough water for each use.
- Carry a fold-up shopping bag in your handbag or pocket.
- Carry a spare shopping bag and box in the car boot.
- Shop locally and choose local produce whenever possible.
- Go for loose products in preference to pre-packaged.
- Sort out waste and recycle all you can.
- Compost raw fruit and vegetable peelings.
- Be an eco-driver, easy on the throttle and brake, and check tire pressures regularly.
- Insulate walls, roof and windows up to latest standards.
- Install timers and thermostats
- Have at least one “car-free” day a week.
- Repair and revamp wherever possible instead of buying new.
- Make the most carbon-friendly travel choices you can.
- Respond to food “sell by”, “use by” and “best before” markings in ways that cut food waste.

What makes sense in the British Isles also makes sense in the U.S.A. !

### **BEST FOR WOMEN**

(from the latest issue of the Federation Magazine)

Alice Wells, SI President had this to say about membership. I thought it pertinent to our club.

“For the past three years I have been very involved with the membership committee of my club, SI;The Kachinas, Arizona. To me this is one of the most important committees that every club has, and in reality-every member belongs to this important committee. We have tried a wide variety of membership recruitment events. However, we have found that inviting guests to a program meeting can be one of the most effective recruitment tools we have employed. Guests get to see how your club members interact with one another. They can easily



see members' enthusiasm and interest in the speaker.... We have also found that it is really helpful to always have a folder for guests that include an application, a copy of this magazine, Best for Women, and some basic information about So-ropitism and our projects.

If our clubs are not bringing in at least six to seven new members each year, we are not growing. Think about it – our clubs typically lose three to four members each year for one reason or another. Having that cushion of two to three new members can make the difference between having a healthy club or one that struggles or even falls into low membership.”

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If you don't read your copy of this magazine, I urge you to find the time to do so. It is especially interesting to see what other clubs in our region are doing.

It's always good to hear about projects that are working and get new ideas.

**EDITOR'S CORNER**

I'm finding it more and more difficult to find interesting things to fill up this newsletter.

I'm hoping each member will consent to become a reporter for the newsletter.

Tell me what you would like to see in the newsletter, send me articles or just a "letter to the editor."

HELP!!!!

Ella

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**SENIOR CENTER NEWS**

Some of us are 65 or soon to be. Consider joining the Port Townsend Senior Center Association. They have a lot of activities to offer and it only costs \$12 dollars!

They are offering two special Holiday Tours.

The first is on December 9<sup>th</sup> at 1:30 for a tour to Point Defiance Park for the holiday lighting display. It also includes a trip to Trader Joe's and dinner. The van cost is \$15, the Zoolites is \$7 and dinner is on your own.

The second tour will be to see the local holiday lights on Thursday, December 18<sup>th</sup>. The van will leave the Community Center at 5:30 for a tour around Port Townsend and the Tri-Area. Cost for the van will be \$5 per person.

Sign up at the front desk or call 385-9007.



**LAUGHS ARE GOOD FOR YOU!**

If raising children was going to be easy, it never would have started with something called labor!

Brain cells come and brain cells go, but fat cells live on forever.

I used to eat a lot of natural foods until I learned that most people die of natural causes.

GARDEN RULE: When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it. If it comes out of the ground easily, it is a valuable plant!

The easiest way to find something lost around the house is to buy a replacement.

Who on earth was the first person to look at a cow and say, "I think I'll squeeze these dangly things here and drink whatever comes out?"

Who was the first person to say, "See that chicken there? I'm gonna eat the next thing that comes outta its butt."

If Jimmy cracks corn and no one cares, why is there a song written about him?

A penny saved is a government oversight.

Did you ever notice: The Roman Numerals for forty (40) are XL.

If you can smile when things go wrong, you have someone in mind to blame.

The sole purpose of a child's middle name is so he can tell when he's really in trouble.

You know you are getting older when everything either dries up or leaks.  
Long ago when men cursed and beat the ground it was called witchcraft. Today it's called golf.

Whose idea was it to put an "S" in the word "lisp.?"

Is there ever a day when mattresses are not on sale?

How come you never hear father-in-law jokes?

FIRST DAY

OF EACH MONTH

THIS

SPACE

FOR

RENT

PRICE:

\$.00 PER ISSUE

DEADLINE: